

MY 20 DAY DIARY



Name:

Start date:

Make sure to use your imagination and have fun!

***Day 1: Write down about the weather
throughout the day.***

***Maybe you can even have a go at being a weather
reporter and predict tomorrows weather!***

What is your favorite kind of weather?

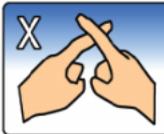


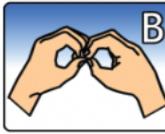
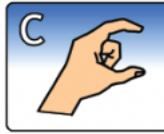
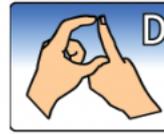
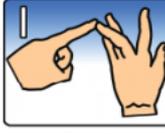
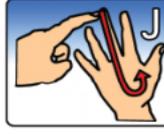
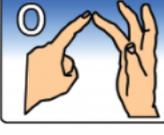
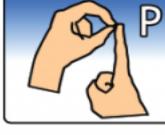
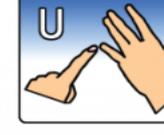
Day 2: *Read or ask someone to read you a story. Try and then write your own and draw pictures to go with it!*

What is your favorite story



Day 3: Learn how to say your name in sign language!

 A	 B	 C	 D	 E	 F	 G
 H	 I	 J	 K	 L	 M	 N
 O	 P	 Q	 R	 S	 T	 U
 V	 W	 X	 Y	 Z	RIGHT HANDED	

 A	 B	 C	 D	 E	 F	 G
 H	 I	 J	 K	 L	 M	 N
 O	 P	 Q	 R	 S	 T	 U
 V	 W	 X	 Y	 Z	LEFT HANDED	

Day 4: Find out and write down some facts about your favorite animal and why its your favorite.

My favourite animal is	
Fact 1	
Fact 2	
Fact 3	
Fact 4	
Fact 5	



***Day 5: Create your own challenge today
and write down what it was you did? It can be
ANYTHING!***



Day 6: *Exercise! Make up a routine! It can be dancing, press up, star jumps or running in the garden.*
Write down the routine !

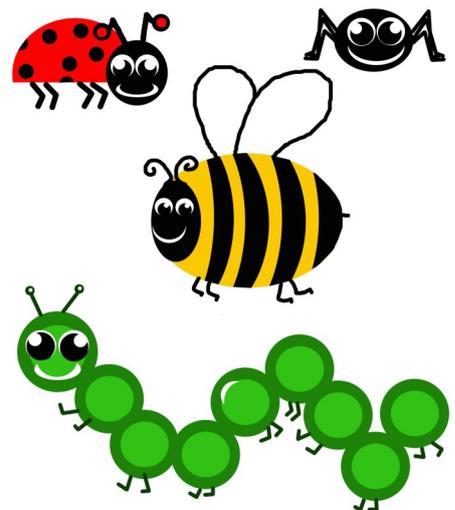


Day 7: *Either help to make dinner or look up a recipe to try in the future.*

Write down the recipe or what you helped to cook!



Day 9: *Build some small dens for the bugs in the garden. Draw a picture of a bug hotel and what bugs might move in.*



Day 10: *Help out around the house, Ask what cleaning you are allowed to do, vacuum, wipe the side or even tidy your room!*



Draw or take a picture of you cleaning !
What did you have to do? Did you enjoy it?

Day 11: Do some Yoga!



***Day 12: Create your own challenge today
and write down what it was you did? It can be
ANYTHING!***



Day 13: Put on a small pantomime.

If you don't feel up to acting, write down your favorite pantomime story.



Day 14: *Make a phone call to a friend or family member.*



Who did you call?

Were they ok? And what have they been up to?

Day 15: Play a card game.

Snap:

Each player puts one card down at a time, when the number is the same shout SNAP and you win the pile, person with no cards at the end is the loser.



Matching:

Lay all the cards out face down, each player takes it in turn to turn over two cards. If they match you win them. The person with most pairs wins!

Make up or write down one you learn:

Day 16: Play some sports.



How many keep ups can you do?	
How many skips or hops can you do in 30 seconds?	
Use water bottles and play bowling, how many times can you knock them all down?	
Make an obstacle course, how quick can you complete it?	
How many times can you spin before getting dizzy?	
What is your favourite sport?	

***Day 17: See if you can find an object
for each letter of the alphabet!***

A	B	C	D	E
F	G	H	I	J
K	L	M	N	O
P	Q	R	S	T
U	V	W	X	Y
Z				

***Day 18: Paint or draw a picture of
your favorite things!***



Day 19: *Make a board game.*

Board game name:	
Rules on how to play:	

Try and make the game.
Either draw or make the board if you can!

Day 20: Look back over the last 20 days.

What did you enjoy the most?

What was your least favourite?

Always remember to have fun and let your imagination run free!

Well done on completing everyday, we hope you had lots of fun whilst doing it!
